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PUBLICATION

In the light of nursing scientist Kirsten Kopp's project about patient education, 3 nurses in department of hematology made a education program for cancer patients and their relatives

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Purpose: During organized education to increase the knowledge of diseases and increase the possibility for the participants to go through a quite and confident course of disease and treatment.

Methods: Groups with 5–10 participants, education over a 5 weeks period, with 5 different subjects, teachers is a multi-disciplinary team of nurses, psychologist, medical doctor, dietician and social worker. The patients and their relatives can participate together or separately, while they are in hospital or while they are discharged.

Results: 57 participated, and the whole program was evaluated very positively.

Conclusion: There is a big requirement for organised patient education for both the patient and their relatives early in the treatment of a cancer disease.